## **Bowel Cancer Screening Programme**

**Screening** is a way of testing healthy people to see if they show any early signs of cancer. Bowel cancer screening can save lives.

All men and women aged 54-74 are invited to carry out a faecal immunochemical test (FIT). Every two years, they're sent a home test kit, which is used to collect a stool sample. If you're 75 or over, you can ask for this test by calling Freephone 0800 707 60 60.

### The symptoms of bowel cancer can include:

- Bleeding from your bottom and/or blood in your poo.
- A change in bowel habit lasting three weeks or more.
- Unexplained weight loss.
- Extreme tiredness for no obvious reason.
- A pain or lump in your tummy.

#### **Contact Details**

- Freephone helpline 0800 707 60 60
- North Staffordshire Bowel Cancer Screening Office 01782 676643
- Email bcsp@uhnm.nhs.uk
- Facebook North Staffordshire Bowel Cancer Screening Programme
- Twitter@NorthstaffsBCSP
- EVERY 15 MINUTES SOMEONE IN THE UK IS DIAGNOSED WITH BOWEL CANCER.
- APRIL IS BOWEL CANCER AWARENESS MONTH

For more information – Bowelcanceruk.org Cancer Research UK

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