



MIDLANDS - Greener Nursing and Midwifery Week 18th March 2024- 22nd March 2024 - Regional Plan

Key Objective- To amplify the contribution of Nursing and Midwifery in delivering NHS Net Zero Carbon Ambition, raise awareness, generating interest and mobilise nursing and midwifery expertise in planetary health. [Delivering a 'Net Zero' National Health Service](#)

<p>Engagement opportunities throughout the week</p>	<ul style="list-style-type: none"> • Calls for Action #Nursing & Midwifery Greener week. Tweet/ reshare training links • Showcase competition, submit a poster, powerpoint or case study entries to england.midsroc2@nhs.net by 8th March • All non-uniform nurses and midwives to wear green - “something old, something green, something borrowed something clean”? • Teams backgrounds on • Encourage photos/news/case studies • Agenda item on all regular meetings to raise awareness • Encourage and give permission for teams to hold walking teams and f2f meetings outside/in a green space • Promote and share and lunch and learn sessions being delivered by the Greener Midlands Team during the week • Light Buildings up in Green • Air pollution –“round our way” Share link to the website where you can type in your own address or hospital postcode. Addresspollution.org then pledge something to reduce air pollution. addresspollution.org • Invite people to share/ capture pledges within their organisation at each webinar, Lunch & learn session and share with regional/ national Greener futures site • Comms package to go out the following week to capture photos, meeting chat comments / pledges/ doodle board
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Webinars	
Monday 18th	<p>12:00-13:00 – Lunch & learn: Gloves and Aprons Off Campaign Kirsty Morgan, Assistant Director of Infection, Prevention and Control and Holly Slyne, Associate Director for Infection Prevention & Control, Northampton General Hospital NHS Trust</p> <p>Teams joining link: Lunch and Learn Gloves and Aprons Off</p> <p>Gloves off, RCN video link: https://youtu.be/y9igNr-rtJs</p>
Tuesday 19th	<p>12:00-13:00 - Lunch and Learn: Respiratory Issues - Maximise Control: Minimise Carbon Footprint? How to achieve good control of your asthma and COPD patients and reduce the carbon footprint- is it achievable? Joanne Hamilton, Principal CYP Asthma Nurse Practitioner and West Midlands Primary Care Respiratory Lead, Black Country ICB</p> <p>Teams joining link: Respiratory Issues</p> <p>National webinar 17:00-18:00 - Deborah Sturdy: Sustainability In Adult Social Care- continence and containment products Book via Greener Nurses and Midwives Week NHS England Events</p>
Wednesday 20th	<p>11:00 -11:30 - A Greener Conversation with Regional Chief Nurse and Sustainability Team Nina Morgan and Dominic Raymont, Regional SRO for Sustainability and Director Improvement</p> <ul style="list-style-type: none"> - What are the opportunities for greener care in the NHS - What Behaviour change comes with leadership and requires a cultural shift. - What is stopping nursing today? - How do we engage individuals and teams to make sustainable change? - Mentimeter questions/ jam board of pledges <p>Teams joining link: A Greener Conversation with Regional Chief Nurse and Sustainability Team</p> <p>12:00-13:00- Lunch and Learn – GreenED: A guide to turning the Emergency Department green Helen Wilkins, Consultant, University of Coventry and Warwickshire NHS Trust</p> <p>Teams joining link: Green ED</p>

<p>Thursday 21st</p>	<p>National/ Regional webinar</p> <p>09:00-10:30 Ruth May, National Chief Nursing Officer and National Sustainability Team. 10:30-11:30 Student discussion panel 11:30-13:00 Regional showcase presentations</p> <p>Book via Greener Nurses and Midwives Week NHS England Events</p> <p>12:00-13:00 Shared learning session: <i>It's not easy being green</i> Clare Nash, Head of Clinical Products Management, Black Country Alliance</p> <p>Learning outcomes</p> <ul style="list-style-type: none"> • Understand the impact of clinical products on the planet • Tips from case studies - moving from single use back to reusables • What you can do as nurses and midwives to support getting to net zero <p>Teams joining link: It's not easy being green</p>
<p>Friday 22nd</p>	<p>11:00 DoN call: Hybrid role - Rhea Conn – National Sustainability fellow</p> <p>National webinar</p> <p>12:00 -13:00 - Sustainability in Adult Social Care – reducing the use of gloves and plastics. Book via Greener Nurses and Midwives Week NHS England Events</p> <p>13:30 -14:15 - Piloting the hybrid sustainability nurse role at Sandwell and West Birmingham Hospitals – nurses, midwives and healthcare associates are key to driving adoption and spread? Rhea Conn, Chief Sustainability Officer's Clinical Fellow</p> <p>Teams joining link: Piloting the sustainability nurse role at SWBH</p>

Resources and links for sharing	<p> Elearning for health launch Environmentally Sustainable Healthcare - elearning for healthcare (e-lfh.org.uk) </p> <p> Building on the basics Home - The Carbon Literacy Project </p> <p> Leading small changes and building QI skillset Sustainability in Quality Improvement Centre for Sustainable Healthcare </p> <p> Supporting N&M leaders to shift the culture and change behaviours Leading Sustainability in Health and Social care Professional services Royal College of Nursing (rcn.org.uk) </p> <p> RCN courses “Leading Sustainable health and social care” Leading Sustainability in Health and Social care Professional services Royal College of Nursing (rcn.org.uk) </p> <p> Carbon literacy training or SusQI from CSH for nurses and midwives. Sustainability in Quality Improvement Centre for Sustainable Healthcare </p>
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[To note activities Greener Midlands team](#)

- *focus on air pollution, inhaler usage for respiratory nurses. raising awareness of the [GINA guidance](#) for asthma care, to improve the comparatively poor asthma care we have in the UK and, as a by-product, reduce carbon. highlighting the dangers of air pollution for pregnant women to midwives and encourage consideration of alternative care approaches to avoid exposure.*
- *Midlands Greener NHS team run lunch & learn sessions regularly and record them all. - share our FutureNHS space, which people can join, and the recordings hosted here: [Lunch & learn sessions - Midlands Greener NHS - FutureNHS Collaboration Platform](#). Feel free to promote any as part of the webinars, seminars and training aspect of the week.*
- *surgical/OT nursing colleagues may be interested in our upcoming Regional Roadshow on Sustainable Surgery and Operating Theatres - [Midlands Greener NHS Regional Roadshow: Green Surgery | NHS England Events](#).*