

**MIDLANDS - Greener Nursing and Midwifery Week 18th March 2024- 22nd March 2024 - Regional Plan**

**Key Objective**- To amplify the contribution of Nursing and Midwifery in delivering NHS Net Zero Carbon Ambition, raise awareness, generating interest and mobilise nursing and midwifery expertise in planetary health.[*Delivering a ‘Net Zero’ National Health Service*](https://www.england.nhs.uk/greenernhs/publication/delivering-a-net-zero-national-health-service/)

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| **Engagement opportunities throughout the week**  | * Calls for Action #Nursing & Midwifery Greener week. Tweet/ reshare training links
* Showcase competition, submit a poster, powerpoint or case study entries to **england.midsroc2@nhs.net** by 8th March
* All non-uniform nurses and midwives to wear green - “something old, something green, something borrowed something clean”?
* Teams backgrounds on
* Encourage photos/news/case studies
* Agenda item on all regular meetings to raise awareness
* Encourage and give permission for teams to hold walking teams and f2f meetings outside/in a green space
* Promote and share and lunch and learn sessions being delivered by the Greener Midlands Team during the week
* Light Buildings up in Green
* Air pollution –“round our way” Share link to the website where you can type in your own address or hospital postcode. Addresspollution.org then pledge something to reduce air pollution. [addresspollution.org](https://addresspollution.org/)
* Invite people to share/ capture pledges within their organisation at each webinar, Lunch & learn session and share with regional/ national Greener futures site
* Comms package to go out the following week to capture photos, meeting chat comments / pledges/ doodle board
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| **Webinars**  |  |
| **Monday 18th** | **12:00-13:00 – Lunch & learn: Gloves and Aprons Off Campaign**Kirsty Morgan, Assistant Director of Infection, Prevention and Control and Holly Slyne, Associate Director for Infection Prevention & Control, Northampton General Hospital NHS Trust **Teams joining link:** [Lunch and Learn Gloves and Aprons Off](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_ZWRlNzliOGMtNzJlMy00NDU3LTljMGUtMjU4NmNjNWVlNDA1%40thread.v2/0?context=%7b%22Tid%22%3a%2203159e92-72c6-4b23-a64a-af50e790adbf%22%2c%22Oid%22%3a%225741aa02-ed63-4007-beee-1d59c94702bf%22%7d)Gloves off, RCN video link:<https://youtu.be/y9igNr-rtJs> |
| **Tuesday 19th** | **12:00-13:00 - Lunch and Learn: Respiratory Issues - Maximise Control: Minimise Carbon Footprint?** **How to achieve good control of your asthma and COPD patients and reduce the carbon footprint- is it achievable?** Joanne Hamilton, Principal CYP Asthma Nurse Practitioner and West Midlands Primary Care Respiratory Lead, Black Country ICB **Teams joining link:** [**Respiratory Issues**](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_OTY0NDJhOTgtZGI0ZC00MjZjLWJmM2YtMjMwZWM1MTk5ZjI4%40thread.v2/0?context=%7b%22Tid%22%3a%2203159e92-72c6-4b23-a64a-af50e790adbf%22%2c%22Oid%22%3a%225741aa02-ed63-4007-beee-1d59c94702bf%22%7d)**National webinar** **17:00-18:00 -** Deborah Sturdy: Sustainability In Adult Social Care- continence and containment products Book via[Greener Nurses and Midwives Week | NHS England Events](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.events.england.nhs.uk%2Fevents%2Fgreener-nurses-and-midwives-week&data=05%7C02%7Chelenbayley%40nhs.net%7C167ec14a84384e2ab4d308dc3c22720b%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638451365849623900%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=2vAE4pxYFUgIK6OKvUclzidBANgzP3hFamrJWQxGXd8%3D&reserved=0) |
| **Wednesday 20th** | **11:00 -11:30 - A Greener Conversation with Regional Chief Nurse and Sustainability Team** **Nina Morgan and Dominic Raymont, Regional SRO for Sustainability and Director Improvement** * What are the opportunities for greener care in the NHS
* What Behaviour change comes with leadership and requires a cultural shift.
* What is stopping nursing today?
* How do we engage individuals and teams to make sustainable change?
* Mentimeter questions/ jam board of pledges

**Teams joining link:** [**A Greener Conversation with Regional Chief Nurse and Sustainability Team**](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_ZWM4NGVjMDctMzkyZi00ZTE5LTg0NzUtMzYwNmU2OWYyNzNj%40thread.v2/0?context=%7b%22Tid%22%3a%2203159e92-72c6-4b23-a64a-af50e790adbf%22%2c%22Oid%22%3a%225741aa02-ed63-4007-beee-1d59c94702bf%22%7d)**12:00-13:00- Lunch and Learn – GreenED: A guide to turning the Emergency Department green**Helen Wilkins, Consultant, University of Coventry and Warwickshire NHS Trust **Teams joining link:** [**Green ED**](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_M2VkYWEwODItNWIzNi00N2VhLWIzYzktM2FlNjJmZWYxOGZl%40thread.v2/0?context=%7b%22Tid%22%3a%2203159e92-72c6-4b23-a64a-af50e790adbf%22%2c%22Oid%22%3a%225741aa02-ed63-4007-beee-1d59c94702bf%22%7d) |
| **Thursday 21st** | **National/ Regional webinar****09:00-10:30** Ruth May, National Chief Nursing Officer and National Sustainability Team. **10:30-11:30** Student discussion panel **11:30-13:00** Regional showcase presentations Book via[Greener Nurses and Midwives Week | NHS England Events](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.events.england.nhs.uk%2Fevents%2Fgreener-nurses-and-midwives-week&data=05%7C02%7Chelenbayley%40nhs.net%7C167ec14a84384e2ab4d308dc3c22720b%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638451365849623900%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=2vAE4pxYFUgIK6OKvUclzidBANgzP3hFamrJWQxGXd8%3D&reserved=0)**12:00-13:00 Shared learning session: *It’s not easy being green***Clare Nash, Head of Clinical Products Management, Black Country Alliance**Learning outcomes*** Understand the impact of clinical products on the planet
* Tips from case studies - moving from single use back to reusables
* What you can do as nurses and midwives to support getting to net zero

**Teams joining link:** [It's not easy being green](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_MTFkOTE5OGMtZGZiOC00MzBhLWIwMWItMjNkYWIyNWZhZmQ1%40thread.v2/0?context=%7b%22Tid%22%3a%2203159e92-72c6-4b23-a64a-af50e790adbf%22%2c%22Oid%22%3a%225741aa02-ed63-4007-beee-1d59c94702bf%22%7d) |
| **Friday 22nd** | **11:00 DoN call: Hybrid role -** Rhea Conn – National Sustainability fellow**National webinar** **12:00 -13:00 -** **Sustainability in Adult Social Care – reducing the use of gloves and plastics.** Book via[Greener Nurses and Midwives Week | NHS England Events](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.events.england.nhs.uk%2Fevents%2Fgreener-nurses-and-midwives-week&data=05%7C02%7Chelenbayley%40nhs.net%7C167ec14a84384e2ab4d308dc3c22720b%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638451365849623900%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=2vAE4pxYFUgIK6OKvUclzidBANgzP3hFamrJWQxGXd8%3D&reserved=0)**13:30 -14:15 - Piloting the hybrid sustainability nurse role at Sandwell and West Birmingham Hospitals – nurses, midwives and healthcare associates are key to driving adoption and spread?**Rhea Conn, Chief Sustainability Officer’s Clinical Fellow**Teams joining link:** [**Piloting the sustainability nurse role at SWBH**](https://teams.microsoft.com/l/meetup-join/19%3Ameeting_ZmJkYWUyMjgtNGNkNS00ZjhkLWFlYWQtNDQ5ZTk1Y2ZmMWUw%40thread.v2/0?context=%7b%22Tid%22%3a%2203159e92-72c6-4b23-a64a-af50e790adbf%22%2c%22Oid%22%3a%225741aa02-ed63-4007-beee-1d59c94702bf%22%7d) |
| **Resources and links for sharing**  | Elearning for health launch[Environmentally Sustainable Healthcare - elearning for healthcare (e-lfh.org.uk)](https://www.e-lfh.org.uk/programmes/environmentally-sustainable-healthcare/)Building on the basics[Home - The Carbon Literacy Project](https://carbonliteracy.com/)Leading small changes and building QI skillset[Sustainability in Quality Improvement | Centre for Sustainable Healthcare](https://sustainablehealthcare.org.uk/courses/sustainability-quality-improvement)Supporting N&M leaders to shift the culture and change behaviours[Leading Sustainability in Health and Social care | Professional services | Royal College of Nursing (rcn.org.uk)](https://www.rcn.org.uk/Professional-Development/Professional-services/RCN-Leading-Sustainability-in-Health-and-Social-Care)RCN courses “Leading Sustainable health and social care” [Leading Sustainability in Health and Social care | Professional services | Royal College of Nursing (rcn.org.uk)](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.rcn.org.uk%2FProfessional-Development%2FProfessional-services%2FRCN-Leading-Sustainability-in-Health-and-Social-Care&data=05%7C02%7Chelenbayley%40nhs.net%7C3b63d6f936ba4c03bd6108dc21771b27%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638422042700737670%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=u7gWa6vwykvg3nGEj4J7AJwksOctGDWmpLYZlWS%2BFTs%3D&reserved=0)Carbon literacy training or SusQI from CSH for nurses and midwives.[Sustainability in Quality Improvement | Centre for Sustainable Healthcare](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fsustainablehealthcare.org.uk%2Fcourses%2Fsustainability-quality-improvement&data=05%7C02%7Chelenbayley%40nhs.net%7C3b63d6f936ba4c03bd6108dc21771b27%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638422042700752517%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=mJYX4QkQmcyz5cx6WfbxbUs%2Fm8l5ciYNGKVyo2Gu09A%3D&reserved=0) |

*To note activities Greener Midlands team*

* *focus on air pollution, inhaler usage for respiratory nurses. raising awareness of the* [*GINA guidance*](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fginasthma.org%2F&data=05%7C02%7Chelenbayley%40nhs.net%7C0a32295d81a44ec8b61608dc27311a39%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638428339041359680%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=WA74FiJoUmI2G1x3BDfLBNwnI8ZkMqFEATR9IK4o400%3D&reserved=0) *for asthma care, to improve the comparatively poor asthma care we have in the UK and, as a by-product, reduce carbon. highlighting the dangers of air pollution for pregnant women to midwives and encourage consideration of alternative care approaches to avoid exposure.*
* *Midlands Greener NHS team run lunch & learn sessions regularly and record them all. - share our FutureNHS space, which people can join, and the recordings hosted here:* [*Lunch & learn sessions - Midlands Greener NHS - FutureNHS Collaboration Platform*](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Ffuture.nhs.uk%2FMidlandsGreenerNHS%2Fview%3FobjectID%3D42112464%26done%3DOBJChangesSaved&data=05%7C02%7Chelenbayley%40nhs.net%7C0a32295d81a44ec8b61608dc27311a39%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638428339041370445%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=L2vscJPI83q938HAbXQyBgUADqqye7hjkvfQfHmwod0%3D&reserved=0)*. Feel free to promote any as part of the webinars, seminars and training aspect of the week.*
* *surgical/OT nursing colleagues may be interested in our upcoming Regional Roadshow on Sustainable Surgery and Operating Theatres -* [*Midlands Greener NHS Regional Roadshow: Green Surgery | NHS England Events*](https://gbr01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fwww.events.england.nhs.uk%2Fevents%2Fmidlands-greener-nhs-regional-roadshow-green-surgery&data=05%7C02%7Chelenbayley%40nhs.net%7C0a32295d81a44ec8b61608dc27311a39%7C37c354b285b047f5b22207b48d774ee3%7C0%7C0%7C638428339041384553%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C0%7C%7C%7C&sdata=UMoCSxYb1RBZgJRga4SA1HP0P4q8EYrnNH3z5%2BMRV7w%3D&reserved=0)*.*